


# EMA

Equine Massage Academy Ltd

*Therapy Education Research*



*Empowering Equine Professionals  
to Unlock the  
Full Potential of all Horses!*

I'm Angela Hall, and I live in Durham, with my husband Mark and Labrador Sybil. I am the Director of the Equine Massage Academy and author of my new book, *Is My Horse in Pain?* Born in California, my connection with horses started at the tender age of two. As I grew up in England, I explored a myriad of leisurely pursuits, yet time and again, I found myself drawn back to the magnificent world of horses and yearned to have my own horse one day – this came much later in life.



**A**s an adult, I spent years scaling the rungs of the corporate ladder, toiling long hours in pursuit of success that wove me through major cities from London, Amsterdam and Rome. Yet, amidst my accomplishments, an intangible void lingered. It was during a fortuitous visit to a local stable, that I resolved to rekindle my childhood equestrian passion. As soon as I saw the horses, I felt a sense of peace and contentment that was missing from my busy city life and from that moment on, I knew that I needed to find a path to be with horses in a more meaningful way.



I embarked on a quest to unearth viable career paths that would allow me to be around horses but would not take years of study as this, after all, was to be a second career for me. I discovered the field of equine massage therapy, and I was immediately drawn to this enabling me to follow my heart and do something that would truly fulfil me. Amidst a blend of invaluable support and the echoes of scepticism that surrounded me, with voices dismissing my choices as nothing short of madness, I refused to be swayed, holding steadfast to the path my heart urged me to follow. Alongside this transition, my splendid Thoroughbred companion Shamus came along, and later Joe, who would both accompany me on this life-altering journey.

Eventually, once I started therapeutically working with horses, I knew I wanted to share the benefits of this with others. It took time and hard work to build my business as a Manual Therapist both in the UK and internationally where I have had the fortune of working in Singapore, United Arab Emirates, Hong Kong and China. Also very importantly, as an Educator through my company, Equine Massage Academy, where we educate professional therapists, a full range of CPD and courses for horse owners. All with the resolute focus of improving equine health and wellbeing from our new multimedia online platform so we can be reached from anywhere in the world. I'm delighted to share that since the launch of our online platform, we've garnered outstanding recognition from Physiotherapists, a Chiropractor, and a multitude of horse owners testifying to the high quality of our courses and value for money. Most importantly, they highlight the practical and tangible knowledge participants have gained, affirming the efficacy of our educational offerings.





In addition to my professional endeavours, I am honoured to contribute to respected organisations such as the International Society of Equine Professionals where I hold membership as a Fellow, and a Member of IRVAP Council. Both united in their mission to safeguard the welfare of animals – which I am proud to be part of.

I have a deep respect and passion for horses, which many say is evident in the way I work with them when they immediately give themselves to me, close their eyes and sigh no matter how sore they are in body or mind, my quest is to always help them in the most gentle, ethical, and respectful way. I never use force as this is unnecessary in any form of equestrianism.

From the outset, I set out to learn everything I could about horses to help me be the best I can be, because that is me whatever I turn my hand to, and this book is the result of my journey.



ANGELA HALL



# IS MY HORSE IN PAIN?

A Guide to Assessing and Improving Your Horse's Musculoskeletal Health and Performance

Within the pages of "Is My Horse in Pain?" I embark on a transformative expedition into the heart of equine wellness. Drawing upon a wealth of expertise, practical experience, and scientific insights.

A groundbreaking book that is unique in its presentation and unlocks the secrets of assessing pain, the causes and how to manage it effectively so horse's in our care can be the best they can be! It is a book written for professionals and horse owners alike in a compelling and accessible format, avoiding unnecessary complex jargon. I share insights that many will have never thought about but what I have discovered from working with hundreds of horses of all disciplines over several continents.

Order my game changing book now and visit our website to embark on a wealth of CPD training that is current and meaningful.



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