

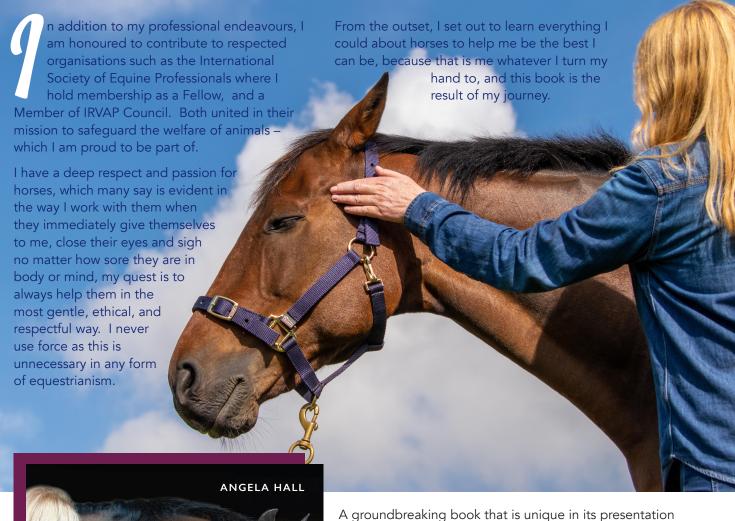
As an adult, I spent years scaling the rungs of the corporate ladder, toiling long hours in pursuit of success that wove me through major cities from London, Amsterdam and Rome. Yet, amidst my accomplishments, an intangible void lingered. It was during a fortuitous visit to a local stable, that I resolved to rekindle my childhood equestrian passion. As soon as I saw the horses, I felt a sense of peace and contentment that was missing from my busy city life and from that moment on, I knew that I needed to find a path to be with horses in a more meaningful way. I embarked on a quest to unearth viable career paths that would allow me to be around horses but would not take years of study as this, after all, was to be a second career for me. I discovered the field of equine massage therapy, and I was immediately drawn to this enabling me to follow my heart and do something that would truly fulfil me. Amidst a blend of invaluable support and the echoes of scepticism that surrounded me, with voices dismissing my choices as nothing short of madness, I refused to be swayed, holding steadfast to the path my heart urged me to follow. Alongside this transition, my splendid

Eventually, once I started therapeutically working with horses, I knew I wanted to share the benefits of this with others. It took time and hard work to build my business as a Manual Therapist both in the UK and internationally where I have had the fortune of working in Singapore, United Arab Emirates, Hong Kong and China. Also very importantly, as an Educator through my company, Equine Massage Academy, where we educate professional therapists, a full range of CPD and courses for horse owners. All with the resolute focus of improving equine health and wellbeing from our new multimedia online platform so we can be reached from anywhere in the world. I'm delighted to share that since the launch of our online platform, we've garnered outstanding recognition from Physiotherapists, a Chiropractor, and a multitude of horse owners testifying to the high quality of our courses and value for money. Most importantly, they highlight the practical and tangible knowledge participants have gained, affirming the efficacy of our educational offerings.



would both accompany me on this life-altering journey.

Thoroughbred companion Shamus came along, and later Joe, who



A groundbreaking book that is unique in its presentation and unlocks the secrets of assessing pain, the causes and how to manage it effectively so horse's in our care can be the best they can be! It is a book written for professionals and horse owners alike in a compelling and accessible format, avoiding unnecessary complex jargon. I share insights that many will have never thought about but what I have discovered from working with hundreds of horses of all disciplines over several continents.

Order my game changing book now and visit our website to embark on a wealth of CPD training that is current and meaningful.

